

OCTOBER NEWSLETTER

Mauro Sheridan Interdistrict Magnet School
Mrs. Gibbs' Pre-K 3
2019



PARENT CORNER

Although there's no cure for the common cold or flu, you can help reduce your child's risk of getting sick. The best way to prevent a cold or the flu is to keep hands clean. It's important to teach your child to cover his or her mouth and nose with the elbow or armpit when sneezing or coughing. If your child uses his or her hands or wipes any part of the face with a tissue, remind your child to wash his or her hands. Hands should also be washed before eating and after using the bathroom. Here are 3 additional germ-fighting tips:

1. **Boost Your Child's Immune System**
Kids can get an immunity boost from getting enough sleep.
2. **Eat Well**
Be sure your child eats lots of fruits and vegetables.
3. **Stay Active**

Exercise is the single best way to keep energy up and stress levels down.



4. **Immunology:** Getting a flu shot by January 1st, 2020 is mandatory in CT for every pre-k student. Make an appointment with your family physician or in the School Based Health Clinic at Mauro-Sheridan.

LEARNING CENTERS

Our Theme is AUTUMN!

Literacy-"Aa" is For Apple
Math-Exploring Circles
Science-Autumn Investigation
STEM-Can You Build It Challenge
Writing-Making Circles and Wavy Lines
Dramatic Play-Pumpkin and Apple Pie Making
Art-A Study of Wassily Kandinsky & Circles.
Blocks-At the Orchard

*Above are the targeted skills for the center time part of the school day. Small group instruction is used to individualize the curriculum to meet every student's learning needs. Groups of 4 children rotate through specific centers everyday. Each center meets for about 10 minutes. Carefully selected games and activities that are designed to move students towards independence and mastery are in each center. Please note that evidence of your child's participation may not be sent home due to the materials or nature of the activity.

NAEYC INFORMATION

Did you know?

- The PTO is a great way to participate in the planning of school events, being involved in decisions about the program, and taking on leadership roles.
- The PTO helps families get to know each other and support each other.
- The PTO has information about community events and resources that can help children and families.
- The PTO is free to join and all families are welcomed. Visit the family resource room for more information.

Important Dates

Wednesday, October 9th
No School Yom Kippur

Monday, October 14th
No School
Columbus Day

Monday, October 21st
1:15pm Early Dismissal
Professional Development



A Few Reminders

- Sneakers must be worn every day.
- A sweater or sweatshirt may be left in your child's cubby in case the classroom is chilly.
- Water is always welcomed.
- Be sure to label all of your child's belongings.

